
FOR IMMEDIATE RELEASE

News Release #82-14

Aug. 20, 2014

Contact: Ed Barker

850.452.9110
(DSN) 922.4858
(FAX) 850.452.4900

NETPDTC's "Be Well-Stay Well" Fair Promotes Health

PENSACOLA, Fla. - The Naval Education and Training Professional Development and Technology Center (NETPDTC) hosted a health and wellness fair on Aug. 15 for local military and civilian personnel.

The theme for the event was "Be well-stay well." Those who attended the fair had the opportunity to participate in several free activities, received giveaways from various exhibitors, and received information about maintaining a healthy lifestyle. The more popular activities included free oral cancer screenings, gait analysis, chair massage, and spinal analysis.

NETPDTC's Commanding Officer, Capt. Janet Lomax noted that the fair had the potential to contribute not only to the health and wellness of her workforce, but to their morale as well.

"The opportunity for all of our employees to take advantage of this free event is one of the many things that makes NETPDTC a great place to work," Lomax said.

Participants also had the opportunity to talk with representatives from the various exhibits including the American Diabetes Association, American Cancer Society, Corry Wellness Center, Naval Hospital Pensacola, West Florida Area Health Education Center, Fleet and Family Support Center, and the Scenic Health Alliance.

"I thought the turn out for the event was great," said Kellie Miller, a management analyst for workforce development at NETPDTC. "The event had great exhibitors on hand and field experts teaching valuable information. It was definitely beneficial to all who attended."

Additional information on the Naval Education and Training Professional Development and Technology Center can be found on the NETPDTC website: <https://www.netc.navy.mil/netc/Commands/NETPDTC.aspx>

For more information on the Naval Education and Training Command, visit <https://www.netc.navy.mil>.

-USN-

Story by Ronda Gray, Naval Educational Training and Professional Development Technology Center (NETPDTC) Public Affairs