



NAVAL CIVIL ENGINEER CORPS BASIC OFFICER QUALIFICATION COURSE

General Course Information

First and foremost, congratulations and welcome to the Naval Civil Engineer Corps!

You will soon be reporting to the Naval Civil Engineer Corps Officers School (CECOS) as a member of the Civil Engineer Corps Basic Officer Qualification Course, or Basic Course for short. It is the mission of the military and civilian staff here at CECOS to orient you to the role of the Civil Engineer Corps officer in the Navy and to prepare you to be immediately effective upon arrival at your future assignment.

Location

CECOS is located at Naval Base Ventura County (NBVC) in Port Hueneme, CA. The Port



Hueneme / Oxnard / Ventura climate is typical of Southern California as it is usually warm during the day and cool in the early morning and evening hours. Summer temperatures normally range from the 60's to the 80's, and winter temperatures range from the 40's to the 70's. The beauty of this location is the wide variety of excellent outdoor recreational opportunities from scuba diving to skiing all within a reasonable drive.

Curriculum

Your training will consist primarily of four unique courses of study that build upon each other and span twelve weeks. The Basic Course is the first seven weeks of instruction and will focus on providing fundamental knowledge in the areas of CEC Core Competencies, Military Training, Navy Finance, Environmental Management, Government Contracting, and Construction Technology. Upon completion of the Basic Course, the next two weeks will consist of specialized training tailored for your future assignment. Depending on your billet, you will attend training in Public Works Management, Field Office Operations, or Construction Battalion Operations. In preparation for future contracting assignments, Mission Support Contracting (CON 120) will expound upon government contracting and valuable warranting training for the next two weeks. Finally, the last phase of instruction will see Ensigns attending the Basic

Officer Leadership Training Course (BOLTC) for one week. *During the Sep-Nov class, BOLTC will be the first week of instruction vice the last week of instruction.*

Field Exercise

As part of the Basic Course, there will be a four day Field Exercise (FEX) conducted at Fort Hunter Liggett, CA during the second week of the course. This week will consist of field



instruction in Seabee defensive combat operations to include camp construction, land navigation, patrolling, perimeter defense, and command control, and communications. Since Fort Hunter Liggett is further north and inland of Port Hueneme, seasonal temperatures vary

significantly. In the summer, daytime temperatures normally climb well over 100°F in July with evening lows in the 60's. The winter months bring cooler temperatures (60's during the day and 20's in the evening) and moderate precipitation.



Physical Training

In accordance with the Navy's Health and Physical Readiness Program, military personnel are encouraged to develop and maintain the health and physical requirements necessary to ensure combat readiness and personal effectiveness. Organized physical training will be held on Tuesday and Thursday of the first week, and Monday, Wednesday, and Friday starting the third week. PT will consist of stretching, calisthenics, and a two mile formation run followed by a cool down. We recommend you do not wait until you arrive to get in shape since Physical Fitness Assessment (PFA) will be administered during the seventh week.

Social Functions

In keeping with the traditions and customs of the Navy, a number of social functions will be held to provide interaction between students, spouses, and staff. The functions include athletic events, receptions, base-wide Hail and Farewells, Calls on the Commanding Officer, and a Dining In. On days when training evolutions or social functions conflict with galley hours, students will receive appropriate per diem.

Spouses

With all the social and recreational functions scheduled throughout the duration of your stay at CECOS, we invite you to bring your spouse and children to share in the adventure. We highly encourage you to bring your spouse to the first day of the course and participate in the welcome presentations scheduled that day. The agenda, coordinated by our Command Ombudsmen and CO's wife, includes a brief orientation to base services, and an opportunity to meet some of the staff spouses. Additionally, there are social functions that have been scheduled specifically for spouses to come together to share experiences.

Uniforms

Several personnel inspections will be held during the Basic Course to include the Camouflage Utility Uniform (CUU), 782 Gear, Service Khaki, and Service Dress Blues (Service Dress Whites for May-August class). CECOS will issue two sets of CUUs and all shirts, black or green socks, and a belt to be worn with the uniform. For your planning, below is a list of required, optional, and seasonal seabag items for the field exercise. Lastly, the uniform for the dining in will be the seasonal Dinner Dress uniform (miniature medals and warfare devices).

Field Exercise Seabag Requirements

a. Items to be temporarily issued by CECOS:

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| (1) Field Jacket -1 | (8) Magazines -2 |
| (2) Camouflage Utility Uniform -2 sets | (9) Poncho -1 |
| (3) Boots -1 pair | (10) Canteens -2 |
| (4) Kevlar Helmet -1 | (11) Sleeping Bag -1 |
| (5) Web Belt -1 | (12) "Alice" Field Back Pack -1 |
| (6) Web Belt Suspenders -1 | (13) Gas Mask -1 |
| (7) Magazine Pouches -2 | (14) Entrenching Tool -1 |

b. Items to be provided by member:

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| (1) Desert Brown T-Shirts -5 | (9) Wash Cloth -1 |
| (2) Black or Olive Drab Wool Socks -5 pair | (10) Bath Towel -1 |
| (3) Blousing Straps -2 pair | (11) Chapstick -1 |
| (4) Belt Buckle (subdued) -1 | (12) Medicine (as required) |
| (5) Black Web Belt (subdued tip) 1 | (13) Cord (hanging items in tent) -12' |
| (6) ID Card | (14) Shower Shoes -1 pair |
| (7) Undergarments -5 sets | (15) Eye Glasses (as required) |
| (8) Toilet Kit – 4 days worth
(soap, shampoo, deodorant, razor,
shaving cream, toothpaste/brush,
Mirror, foot powder, band aids) | (16) PT Gear – 1 set |
| | (17) Laundry Bag (mesh) -1 |
| | (18) Flashlight (w/ red lens) -1 |
| | (19) Boot Shine Kit -1 |

c. Optional/Seasonal items:

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| (1) Money (1 stop at service station each way) | (7) Sun Screen |
| (2) Black Knit Watch Cap | (8) Zip Lock Bags (weatherproofing) |
| (3) Black Leather Gloves (Navy Issue) – 1 pair | (9) Sunglasses (within regulations) |
| (4) Long Underwear | (10) Knee Pads |
| (5) Pillow | (11) Extra Socks |
| (6) Pocket Knife (blade must be shorter than 3 inches) | (12) Your OWN Boots – 1 pair |

Administrative Support

While at CECOS, you may have your mail forwarded to the following address:

COMMANDING OFFICER
NAVSCOLCECOFF
ATTN: Rank & Name, BASIC CLASS #_____
3502 GOODSPEED STREET SUITE 1
PORT HUENEME, CA 93043-4336

If you have any questions before your arrival or while en-route, don't hesitate to contact CECOS by commercial phone or the Defensive Switching Network (DSN). Some points of contact for questions or assistance are:

Student Services: (805) 982-6524
DSN 551-6524
FAX -2918

Command Adjutant: (805) 982-2878
DSN 551-2878
francis.tay@navy.mil

Pay and Allowances

Per Diem is paid approximately every 30 days while you are at CECOS. The first per diem check may take 2-4 weeks to process, so bring sufficient funds to cover your first month's expenses. Something else to keep in mind is that only 80% of your actual entitlement is paid while you are at CECOS. The remaining 20% is paid when you liquidate your travel claim once you report to your ultimate duty station. Therefore, we encourage you to draw advance per diem from your present duty station. Since you're staying in government quarters, per diem will cover all of your lodging expenses in addition to paying you the Government Meal Rate (\$12.80/day) since government messing is available. When command functions interfere with galley operations, a partial meal rate (38.00) will be authorized.

Messing

The CBC Galley is available to officers. Daily hours of operations are as follows:

Weekdays:		
Breakfast	0545-0700	\$2.10
Lunch	1100-1245	\$3.85
Dinner	1630-1815	\$3.85
Weekends and Holidays:		
Breakfast	0630-0730	\$2.10
Brunch	1000-1200	\$3.85
Dinner	1630-1800	\$3.85

Also available on base is the Navy Exchange Food Court, the Officers' Club (Thursday Lunch Buffet), and Naps (All Hands Club). Additionally, you will find a large selection of restaurants immediately surrounding the bases.

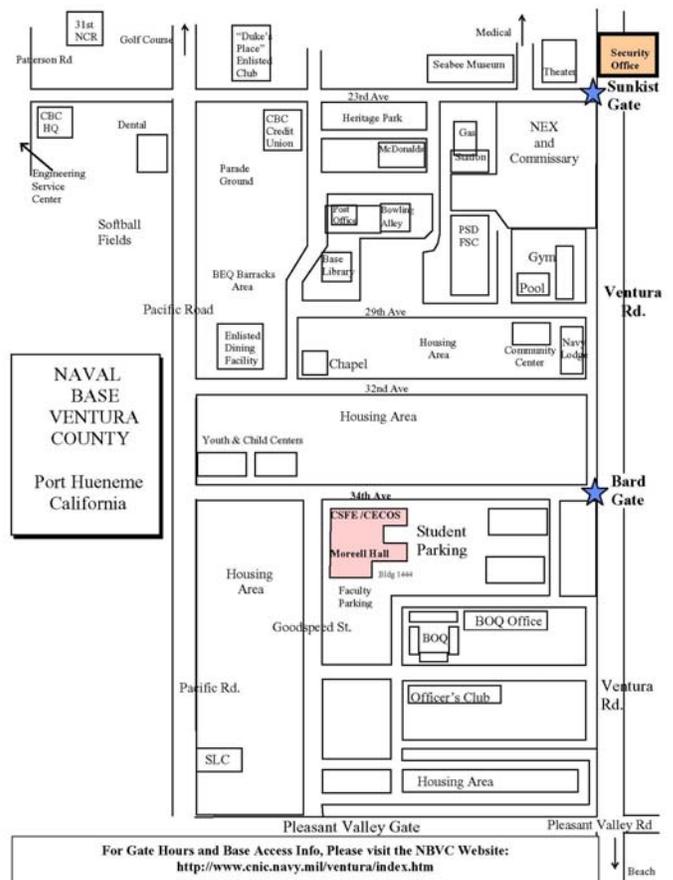
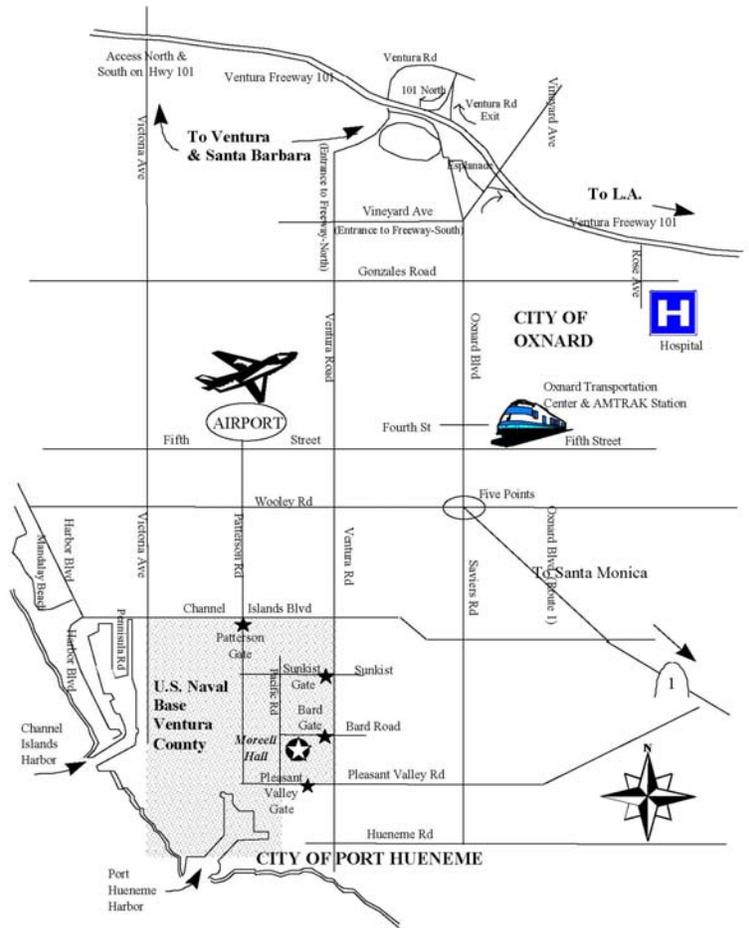
Transportation

On Base nearly all of the facilities You will need to visit are within an easy 10 minute walk from the BOQ and CECOS.

On the other hand, off-base public transportation to and from the Naval Base Ventura County (NBVC) is extremely limited. You are encouraged to bring a car as it is almost a necessity to get around the area. You may rent a car if you like, but you will not be reimbursed for rental car expenses. There are several options for transportation from Los Angeles International Airport (LAX) to Oxnard Airport to include commuter flights, shuttles, and buses. Once at Oxnard airport, limited local bus and taxi services are the only means of transportation to NBVC, about six miles away.

POINTS OF INTEREST

- CECOS
- BOQ
- NEX/COMMISARY
- GALLEY



LODGING

Tentative reservations for all students have been made at the Bachelor Officers Quarters (BOQ). Lastly, if your permanent duty station is NBVC Port Hueneme or NBVC Point Mugu, you will be eligible to receive Basic Allowance for Housing (BAH) for off-base housing. Please contact the NBVC Housing Referral Office at (805) 982-4451 or DSN 551-4451 for further assistance.

Base Lodge and Local Area Information

(This list is provided for informational purposes only. CECOS does not endorse any of the listed establishments.)

Base and Government Lodging (*Room reservations will be made in your name, you must call the appropriate base BOQ to confirm your reservation*)

Port Hueneme Bachelor Officer Quarters	(DSN 551-) (805) 982-5785
Point Mugu Bachelor Officer Quarters	(DSN 551-) (805) 989-8251

Local Area Lodging: (*provided for any guest who may be visiting*)

Best Western Oxnard Inn 1136 S. Oxnard Blvd. Oxnard, CA 93030	(805) 483-9581 Or 1-800-469-6273
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Casa Sirena Marina Hotel 630 Peninsula Road Oxnard, CA 93041	(805) 985-6311
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Casa Via Mar Inn 377 West Channel Islands Blvd. Port Hueneme, CA 93041	(805) 984-6222
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Country Inn of Port Hueneme 350 East Hueneme Road Port Hueneme, CA 93041	(805) 986-5353
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Embassy Suites Mandalay Beach Resort 2101 Mandalay Beach Road Oxnard, Ca 93035	(805) 984-2500
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Residence Inn Marriott at Riveridge (805) 278-2200
2101 West Vineyard
Oxnard, Ca 93035

Transportation (*LAX is 1.5-3 hours from base depending on traffic.*)

Airport Transportation

Great American Stageline (BUS)	1-800-287-8659
Prime Time Shuttle	1-800-733-8267
Roadrunner Shuttle	1-800-247-7919
Ventura County Airporter	(805) 650-6600

Local Transportation

City Cab Company	(805) 643-2221
South Coast Area Transit	(805) 487-4222
Yellow Cab Company, Inc.	(805) 483-2444

Rental Cars

Avis	(805) 339-2262
Enterprise	(805) 382-3307

Liberty/Leave Policy

A typical class day begins at 0800 and concludes at 1700 with a one-hour lunch. On weekends, we recognize the opportunities to travel afforded you while in Southern California. The CECOS leave policy is that leave must be taken if traveling outside the geographic boundary of San Francisco to the north, San Diego to the south, and Las Vegas to the east. Since CECOS is a training command that requires 100% participation in all training evolutions, leave requests that involve missing class will not be approved except in emergency situations. The first Saturday of the course is a working Saturday and there may be other social events scheduled on following Saturdays throughout the course, so we suggest not making any prior commitments or travel plans before you arrive.

From the entire CECOS Staff, we look forward to your arrival and are confident you will find your stay with us both rewarding and enjoyable. Have a safe journey.