

CURRICULUM OUTLINE OF INSTRUCTION

UNIT 1.0: Rescue Swimmer School (RSS) Overview/Course
Introduction

Contact Periods: 3.0 Classroom

Media: Lecture

Security Classification: Unclassified

Terminal Objective:

Completely supported by this unit:

1.0 Upon completion of this unit of instruction, the student will define the requirements for RSS training, Drop On Request/Training Time Out policies, and safety procedures used during aviation rescue swimmer training.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 1.1: Rescue Swimmer School Overview/Course Introduction

Contact Periods: 2.0 Classroom

Media: Lecture

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

1.0 Upon completion of this unit of instruction, the student will define the requirements for RSS training, Drop On Request/Training Time Out policies, and safety procedures used during aviation rescue swimmer training.

Enabling Objectives:

Completely supported by this lesson topic:

1.1 Discuss OPNAVIST 3130.6 and NWP 3-50.1 series requirements for RSS training.

1.2 Describe all safety precautions used during RSS training.

1.3 State the remedial training policy.

1.4 State DOR/TTO policies and procedures.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 1.2: Pool Safety Regulations

Contact Periods: 1.0 Classroom

Media: Lecture

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

1.0 Upon completion of this unit of instruction, the student will define the requirements for RSS training, Drop On Request/Training Time Out policies, and safety procedures used during aviation rescue swimmer training.

Enabling Objectives:

Completely supported by this lesson topic:

1.5 Explain general pool safety regulations per Rescue Swimmer School Standard Operating Procedures (SOP).

CURRICULUM OUTLINE OF INSTRUCTION

UNIT 2.0: Physical Conditioning

Contact Periods: 1.0 Classroom, 46.0 Laboratory, 8.0 Exam

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Completely supported by this unit:

- 2.0 Upon completion of this unit of instruction, the student will achieve and maintain a level of physical conditioning and proficiency that will enable satisfactory performance of rescue swimmer duties on land, in a swimming pool, or open ocean, while wearing appropriate Rescue Swimmer equipment as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series, without injury to personnel or damage to equipment.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 2.1: Principles of Physical Fitness and Dry Land Conditioning

Contact Periods: .5 Classroom, 31.5 Laboratory, 8.0 Exam

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

2.0 Upon completion of this unit of instruction, the student will achieve and maintain a level of physical conditioning and proficiency that will enable satisfactory performance of rescue swimmer duties on land, in a swimming pool, or open ocean, while wearing appropriate Rescue Swimmer equipment as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series, without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

2.1 State the fundamentals of physical conditioning.

2.2 Perform proper physical conditioning exercises and Physical Training Level 1, 2 and 3 tests.

2.3 Explain the importance of proper technique and form when utilizing weight lifting equipment.

2.4 Demonstrate proper techniques for developing and maintaining overall muscular strength utilizing weight lifting equipment, without injury to personnel or damage to equipment.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 2.2: Swimming Proficiency and Conditioning

Contact Periods: 12.0 Laboratory

Media: Practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

2.0 Upon completion of this unit of instruction, the student will achieve and maintain a level of physical conditioning and proficiency that will enable satisfactory performance of rescue swimmer duties on land, in a swimming pool, or open ocean, while wearing appropriate Rescue Swimmer equipment as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series, without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

2.5 Perform swimming, proficiency and conditioning drills and timed swim evolutions.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 2.3: Open Water Laboratories

Contact Periods: 0.5 Classroom, 2.5 Laboratory

Media: Lecture with practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

2.0 Upon completion of this unit of instruction, the student will achieve and maintain a level of physical conditioning and proficiency that will enable satisfactory performance of rescue swimmer duties on land, in a swimming pool, or open ocean, while wearing appropriate Rescue Swimmer equipment as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series, without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

2.6 Explain how the performance of rescue swimmer skills is affected by current, sea state, visibility, sea life, swimmer buoyancy, and other variables encountered in the open water environment.

2.7 Perform basic rescue swimmer skills in the open water environment under daytime and nighttime conditions.

CURRICULUM OUTLINE OF INSTRUCTION

UNIT 3.0: Lifesaving and Parachute Disentanglement

Contact Periods: 11.5 Classroom, 30.5 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Completely supported by this unit:

3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 3.1: Approaches and Carries

Contact Periods: 1.5 Classroom, 5.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objective:

Completely supported by this lesson topic:

3.1 List procedural steps for rescue swimmer approaches to, and carries of, an active/passive/unconscious survivor.

3.2 Demonstrate rescue swimmer approaches to, and carries of, an active/passive/unconscious survivor in a simulated rescue situation.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 3.2: Releases and Escapes

Contact Periods: 1.5 Classroom, 5.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objective:

Completely supported by this lesson topic:

- 3.3 List procedural steps for rescue swimmer head hold releases and escapes.
- 3.4 Demonstrate rescue swimmer head hold releases and escapes in a simulated rescue situation.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 3.3: Water Entry

Contact Periods: 1.0 Classroom, 2.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.5 List procedures for day or night water entry and day or night direct deployment.
- 3.6 Perform day or night water entry procedures and day or night direct deployment from search and rescue helicopters.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 3.4: Parachute Canopy Escape

Contact Periods: 1.0 Classroom, 2.0 Laboratory

Media: Lecture with demonstration

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.7 List procedural steps for parachute canopy escape.
- 3.8 Perform a hand-over-hand escape from under a collapsed parachute.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 3.5: Direct Deployment

Contact Periods: 1.0 Classroom, 2.5 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.9 List maritime direct deployment procedural steps for survivor recovery, to include maritime direct deployment hand signals.
- 3.10 Demonstrate maritime direct deployment procedural steps for survivor recovery, to include maritime direct deployment hand signals.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 3.6: Disentanglement Procedures (Free-Floater/
Helicopter Aircrew)

Contact Periods: 1.5 Classroom, 6.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

3.11 List disentanglement procedures for day and night conditions for survivors both with and without aircrew survival equipment.

3.12 Demonstrate disentanglement procedures for day and night conditions for survivors both with and without aircrew survival equipment.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 3.7: Disentanglement Procedures (Back Pack)

Contact Periods: 1.5 Classroom

Media: Lecture with demonstration

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

3.13 List disentanglement procedures for personnel wearing U. S. Navy Back Pack parachute assembly.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 3.8: Disentanglement Procedures (Jet)

Contact Periods: 1.5 Classroom, 6.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

3.14 List disentanglement procedures for personnel wearing Fixed Wing (jet) survival equipment.

3.15 Demonstrate disentanglement procedures for personnel wearing Fixed Wing (jet) survival equipment.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 3.9: Combative Survivor

Contact Periods: 1.0 Classroom, 2.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.16 Describe characteristics of a panicking survivor.
- 3.17 State procedures for survivor emergency floatation for both conscious and unconscious victims.
- 3.18 Demonstrate emergency floatation procedures for conscious and unconscious victims in a simulated rescue situation.
- 3.19 List procedural steps for a combative survivor.
- 3.20 Demonstrate combative survivor procedures in a simulated rescue situation.
- 3.21 State modified recovery procedures for a combative survivor.
- 3.22 Demonstrate modified recovery procedures for a combative survivor in a simulated rescue situation.
- 3.23 State procedures for providing care for combative survivors while aboard the aircraft.
- 3.24 Describe appropriate combative survivor hand signals.
- 3.25 Demonstrate appropriate combative survivor hand signals.

CURRICULUM OUTLINE OF INSTRUCTION

UNIT 4.0: Rescue Equipment and Procedures for Use

Contact Periods: 13.0 Classroom, 38.0 Laboratory, 17.0 Exam

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Completely supported by this unit:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.1: Rescue Swimmer's Equipment

Contact Periods: 1.5 Classroom

Media: Lecture with demonstration

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.26 State requirements for the maintenance of rescue swimmers equipment per current NAVAIR 13-1-6 series manuals/Maintenance Requirement Cards (MRC's).
- 3.27 Explain the functional operation of rescue swimmer's equipment.
- a. Wet Suit
 - b. Mask, Fins, and Snorkel
 - c. LPU-28 (SAR-1)
 - d. HBU-23
 - e. Navy TRI-SAR Harness
 - f. AN/PRC-149

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.2: Mask, Fins, and Snorkel

Contact Periods: 1.0 Classroom, 2.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.28 Explain procedures for donning mask, fins, and snorkel and procedures for clearing the mask and snorkel.
- 3.29 Perform side/crawl strokes while wearing mask, fins, and snorkel.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.3: Primary Rescue Devices and Procedures

Contact Periods: 2.5 Classroom, 6.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.30 Explain the functional operation of the following Rescue Devices per NWP 3-50.1:
- a. Double Rescue Hook
 - b. Modified Rescue Strop
 - c. Quick Strop
 - d. Rescue Net
 - e. Rescue Litter/SAR MEDEVAC Litter, Trail Line and Gloves
 - f. Rescue Seat
- 3.31 Demonstrate procedures for placing a survivor into the following rescue devices in a water environment:
- a. Double Rescue Hook
 - b. Modified Rescue Strop
 - c. Rescue Litter/SAR MEDEVAC Litter

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.4: Alternate Rescue Devices

Contact Periods: 1.0 Classroom

Media: Lecture

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

3.0 Upon completion of this unit of instruction, the student will demonstrate the proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

3.32 State the requirements for maintenance of emergency rescue equipment per NAVAIR 13-1-6 series and current maintenance requirement cards (MRC's).

3.33 Describe the functional operation of the following Emergency Rescue Equipment per NWP 3-50.1:

- a. Helicopter Rescue Equipment Case (BGU-8/N)
- b. Hoisting Gloves
- c. Crewman Safety Belt
- d. Cable Grip (Chicago Grip)
- e. Chemical Lights
- f. Chemical Light Strap
- g. Rescue Litter Sling Assembly
- h. Hoist Quick Splice
- i. Pneumatic Rescue Hand Tool/Handheld Cable Cutter
- j. Blanket
- k. Cranial Assembly
- l. Level "A" Medical Kit

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.5: Aviation Life Support Systems

Contact Periods: 1.5 Classroom

Media: Lecture

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

3.0 Upon completion of this unit of instruction, the student will demonstrate the proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.34 Explain the functional operation and hardware associated with various parachute harnesses.
- 3.35 List the types of harnesses outlined in NWP 3-50.1.
- 3.36 Describe the procedures for donning/doffing the following assemblies:
 - a. Helmet assemblies
 - b. RSSK assemblies
 - c. Oxygen mask assemblies
 - d. Survival vest/flotation assemblies

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.6: Survivor Marker Locator Devices

Contact Periods: 1.0 Classroom

Media: Lecture

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

3.0 Upon completion of this unit of instruction, the student will demonstrate the proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.37 Explain the purpose and hazards of the following Survivor Marker/Locator devices.
- a. MK-25 Marine Location Marker
 - b. MK-58 Marine Location Marker
 - c. Electric Marine Marker Light
 - d. MK-13/MK-124 MOD 0 Day/Night Distress Flare
 - e. MK-79 Pencil Flare
 - f. Signal Mirror
 - g. Sea Dye Marker

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.7: SAR Publications and Reports

Contact Periods: 1.0 Classroom

Media: Lecture

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objective:

Completely supported by this lesson topic:

3.38 Identify title and content of publications applicable to a rescue swimmer.

3.39 Identify the steps to complete a rescue report SAR FORM 30-50-1/1 when given a rescue scenario.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.8: Helicopter Operations

Contact Periods: 1.0 Classroom, 3.5 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.40 List procedures for day water entry from a search and rescue helicopter.
- 3.41 Perform day water entry from a search and rescue helicopter.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.9: SAR Tactics

Contact Periods: 1.5 Classroom, 19.0 Laboratory, 17.0 Exam

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objective:

Completely supported by this lesson topic:

- 3.42 State the five stages of Search and Rescue operations.
- 3.43 Describe SAR area conditions, and survivor conditions which will allow for the execution of a multiple victim rescue.
- 3.44 Develop a rescue plan to affect a rescue of multiple survivors, when given a rescue scenario.
- 3.45 Describe procedures for recovery of survivors from a motor whale boat/RHIB boat, and forecastle.
- 3.46 Identify hand signals applicable to the specific rescue, when given a rescue scenario.
- 3.47 Demonstrate procedures for parachute disentanglement of multiple victims in a simulated rescue scenario.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 4.10: Overland SAR Operations

Contact Periods: 1.0 Classroom, 7.5 Laboratory

Media: Lecture with practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 3.0 Upon completion of this unit of instruction, the student will demonstrate proper rescue techniques of military and civilian personnel, day or night, utilizing appropriate SAR equipment for at-sea and overland rescues as outlined in NWP 3-50.1 and OPNAVINST 3130.6 series without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 3.48 List procedures for day/night overland SAR operations, to include SAR carries and litter procedures.
- 3.49 Demonstrate day/night procedures for overland SAR in a simulated rescue environment, to include SAR carries and litter procedures.

CURRICULUM OUTLINE OF INSTRUCTION

UNIT 5.0: First Aid and American Red Cross CPR for the Professional Rescuer.

Contact Periods: 11.0 Classroom, 20.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Completely supported by this unit:

4.0 Upon completion of this unit of instruction, the student will identify and treat medical emergencies using approved SAR medical equipment, as per NAVEDTRA 14295 and NWP 3-50.1 manuals, without injury to personnel or damage to equipment.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 5.1: American Red Cross CPR for the Professional Rescuer

Contact Periods: 4.0 Classroom, 12.0 Laboratory

Media: Lecture with demonstration

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

4.0 Upon completion of this unit of instruction, the student will identify and treat medical emergencies using approved SAR medical equipment, as per NAVEDTRA 14295 and NWP 3-50.1 manuals, without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 4.1 State CPR procedures per current American Red Cross CPR for the Professional Rescuer standards (or equivalent).
- 4.2 Demonstrate CPR procedures per current American Red Cross CPR for the Professional Rescuer standards (or equivalent).

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 5.2: Level "A" Medical Kit

Contact Periods: 1.5 Classroom

Media: Lecture

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 4.0 Upon completion of this unit of instruction, the student will identify and treat medical emergencies using approved SAR medical equipment, as per NAVEDTRA 14295 and NWP 3-50.1 manuals, without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 4.3 List the contents of the Level "A" medical kit.
- 4.4 State the purpose of each item in the Level "A" medical kit.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 5.3: Practical First Aid

Contact Periods: 2.0 Classroom

Media: Lecture

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 4.0 Upon completion of this unit of instruction, the student will identify and treat medical emergencies using approved SAR medical equipment, as per NAVEDTRA 14295 and NWP 3-50.1 manuals, without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 4.5 Explain the purposes of first aid.
- 4.6 List the different types of injuries and the appropriate treatment for each.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 5.4: Primary Survey

Contact Periods: 2.0 Classroom, 2.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 4.0 Upon completion of this unit of instruction, the student will identify and treat medical emergencies using approved SAR medical equipment, as per NAVEDTRA 14295 and NWP 3-50.1 manuals, without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 4.7 List the procedures used in a primary survey.
- 4.8 Demonstrate primary survey procedures used in a mock trauma (moulage) scenario.

CURRICULUM OUTLINE OF INSTRUCTION

Lesson Topic 5.5: Secondary Survey

Contact Periods: 1.5 Classroom, 6.0 Laboratory

Media: Lecture with demonstration and practical application

Security Classification: Unclassified

Terminal Objective:

Partially supported by this lesson topic:

- 4.0 Upon completion of this unit of instruction, the student will identify and treat medical emergencies using approved SAR medical equipment, as per NAVEDTRA 14295 and NWP 3-50.1 manuals, without injury to personnel or damage to equipment.

Enabling Objectives:

Completely supported by this lesson topic:

- 4.9 List the procedures for a secondary survey.
- 4.10 Demonstrate secondary survey procedures in a mock trauma (moulage) scenario.