

TRAINING COURSE CONTROL DOCUMENT

FOR

AVIATION RESCUE SWIMMER SCHOOL

CLASS A3 SCHOOL

C-050-0600

PREPARED BY

NAVAL AVIATION SCHOOLS COMMAND

181 CHAMBERS AVE SUITE C

PENSACOLA, FL 32508-5221

SEPTEMBER 2004

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## FOREWORD

This document was prepared for submission to higher authority for approval. The curriculum outline is a planning document for development of specific training material used to conduct the course of instruction. It lists course units and lesson topics in their sequential order with accompanying learning objectives. The outline organizes the course of instruction for U. S. Naval Aviation Rescue Swimmers and ensures all required subject matter is adequately covered in the course. The course curriculum outline consists of course data, student data, outline of instruction, equipment requirements list, training materials list, skills profile and master course schedule.

The purpose of the course is to promote standardization of Search and Rescue (SAR) swimmer procedures and to establish a minimum SAR training program for personnel assigned Rescue Swimmer duties aboard aircraft. This training is considered to be a minimum for initial rescue swimmer training. Commands are encouraged to supplement this training with additional lectures and material pertinent to local mission requirements.

All terminal and enabling objectives are to be completed with 100% accuracy.

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## COURSE DATA

1. Course Title: Aviation Rescue Swimmer School
2. Course Identification Number (CIN): C-050-0600
3. Course Data Processing Code (CDP) by Site: Pensacola, FL
4. CDP Code: 6597
5. Course Status: Revision
6. Course Mission Statement: The Aviation Rescue Swimmer School (ARSS) is designed to provide USN and USMC (E-1/E-9) personnel with knowledge and skills necessary to initially qualify as Search and Rescue Swimmers, including water entry, first aid, CPR, parachute disentanglement, and waterborne lifesaving procedures under all environmental conditions. Upon completion of this course, the Rescue Swimmer is prepared for assignments with aviation units to provide airborne Rescue Swimmer duties.
7. Occupational Classification:  
Completion of CIN:C-050-0600/CDP 6597 awards NEC: (7815)
8. Prerequisites:
  - a. All personnel shall have a current flight physical and Aero-Medical Clearance Notice (NAVMED Form 6410/2) approving participation in training.
  - b. All students must satisfactorily complete Naval Aircrew Candidate School, CIN Q-050-1500, within the preceding six months, or be a designated aircrewman.
  - c. All students must be current in all periodic survival and aviation physiology training, in accordance with OPNAV Instruction 3710.7 series.
  - d. All students must pass the RSS PRT screen examination which consists of the following:
 

2 pull-ups	2 minutes maximum
50 sit-ups	2 minutes maximum
35 push-ups	2 minutes maximum
1.5 mile run	12 minutes maximum

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400m in gear swim 11 minutes maximum

NOTE: All students shall complete prerequisites prior to entering Rescue Swimmer School.

9. Planned Course Length: 33 days

10. Current Course Length: 25 Days

11. Training Site:

Naval Aviation Schools Command  
181 Chambers Ave Suite C  
Pensacola, FL 32508-5221

12. Site Unique Training Considerations: None

13. Number of Convenings by Site:      Current              Planned

Naval Air Station Pensacola, FL	19	19
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14. Class Capacity by Site:              Current              Planned

Naval Air Station  
Pensacola, FL

a. Maximum	30	30
a. Normal	28	28
c. Minimum	8	8

15. Planned Average on Board by Site:      Current              Planned

30	30
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16. Instructor/Support Manning: See Instructional Management Plan, Annex E.

STUDENT DATA

1. Personnel Physical Requirements: All students will meet physical requirements listed in OPNAV Instruction 6110.1 and NAVMED P-117, Manual of Medical Department.
2. Security Clearance Required: None
3. Obligated Service: In accordance with MILPERSMAN.
4. NOBC/NEC Earned: 7815

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