

JOB SHEET 2.3-1  
OPEN WATER ENVIRONMENT LAB

TRAINEE NAME/RATE \_\_\_\_\_ SSN \_\_\_\_\_

DAY INSTRUCTOR \_\_\_\_\_ DATE \_\_\_\_\_

NIGHT INSTRUCTOR \_\_\_\_\_ DATE \_\_\_\_\_

**OPEN WATER LAB:**

**SAFETY-** Failure to adhere to all safety requirements will result in automatic failure of this performance test.

Evaluation instructions for Non-Critical Steps: Observe overall trainee composure when practicing each basic Rescue Swimmer skill in the open water environment. Skills should be practiced, not **graded:**

	DAY COMP/INC	NIGHT COMP/INC
1. Basic Strokes.	---/---	---/---
2. Surface dives.	---/---	NA
3. Tows	---/---	---/---

Evaluation Instructions for Critical Steps: Lack of adaptability to the open water environment as demonstrated by panic, unmanageable fear which impairs the ability to perform basic tasks, etc., shall be grounds for failure of the lab.

1. Trainee remains in open water for approximately 40 minutes during daylight conditions and practice basic skills.

**COMPLETE/INCOMPLETE**

2. Trainee remains in open water for approximately 40 minutes during nighttime conditions and practice basic skills.

**COMPLETE/INCOMPLETE**

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