TRAINING COURSE CONTROL DOCUMENT

FOR

NAVY SWIM TESTER COURSE

CLASS F2 SCHOOL

A-012-0013

PREPARED BY

NAVAL AVIATION SCHOOLS COMMAND

181 CHAMBERS AVE SUITE C

PENSACOLA, FL 32508-5221

PREPARED FOR

CHIEF OF NAVAL EDUCATION AND TRAINING

250 DALLAS STREET

PENSACOLA, FL 32508-5220

AUGUST 1999
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FOREWORD

The curriculum outline lists course lesson topics and associated learning objectives, both terminal and enabling, in their sequential order. The standard for achieving the Navy Swim Tester qualification is 80%.

All terminal and enabling objectives are to be completed with 100% accuracy.
1. **Course Title:** Navy Swim Tester Course

2. **Course Identification Number (CIN):** A-012-0013.

3. **Course Data Processing Codes (CDP) by Site:**
   - Naval Aviation Schools Command, Pensacola, FL (3864)
   - Recruit Training Command, Great Lakes, IL (3865)
   - Fleet Training Center, Norfolk VA (3866)
   - Fleet Training Center, San Diego, CA (3867)
   - NAVRESPRODEVCEN, New Orleans, LA (5201)
   - HC-3, San Diego, CA (644E)

4. **CDP Codes:** 3864, 3865, 3866, 3867, 5201, 644E

5. **Course Status:** Revision.

6. **Course Mission Statement:** The Navy Swim Tester Course qualifies students to administer the Second and Third Class Swimmer Qualification tests. Training shall include "hands-on" training that exposes the students to Lifeguarding, Swimming and Survival Skills Assessment. The Commanding Officer shall ensure that current requirements are clearly understood by the staff and students. The Course Curriculum Model Manager shall monitor training through periodic visits of each training site.

7. **Occupational Classification:** None.

8. **Prerequisites:**
   - a. Current Red Cross or American Heart Association CPR
   - b. Red Cross Standard First Aid or Green Cross First Aid (Higher level Red Cross or Green Cross certifications acceptable. EMT's, Corpsman and Doctors need not possess this qualification).
   - c. First Class Swimmer for Navy Swim Tester/ Second Class Swimmer for Swim Test Administrator.
   - d. Current Lifeguard Certification as delineated by CNET P1552/16 appendix D (Navy Swim Tester Only).
   - e. E-5 or above for Navy Swim Tester / E-7 or above for Swim Test Administrator

9. **Planned Course Length:** 1 day

10. **Current Course Length:** 1 day
11. **Training Sites:**

Naval Aviation Schools Command
181 Chambers Ave Suite C
Pensacola Fl 32508-5221

Recruit Training Command
3301 Indiana St
Great Lakes, IL 60088-5300

Fleet Training Center
9550 Farragut Ave
Norfolk, VA 23511-2790

Fleet Training Center
3975 Norman Scott Ave
San Diego, CA 92136-5588

NAVRESPRODEVCEN,
New Orleans, LA

HC-3
P.O. Box 357122
NAS North Island
San Diego, CA 92135-7122

12. **Site Unique Training Considerations:** None.

13. **Number of Convenings by Site:**

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<th>Planned</th>
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<td>RTC Great Lakes, IL</td>
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<tr>
<td>FTC Norfolk, VA</td>
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<td>HC-3 San Diego</td>
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14. **Class Capacity by Site:**

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<tr>
<td>HC-3 San Diego</td>
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</table>
NAVAVSCOLCOM
Pensacola, FL

a. Maximum               20  20
b. Normal                20  10
c. Minimum               20  04

RTC Great Lakes, IL

a. Maximum               20  20
b. Normal                10  10
c. Minimum               4   04

FTC Norfolk, VA

a. Maximum               20  20
b. Normal                10  10
c. Minimum               4   04

FTC San Diego, CA

a. Maximum               20  20
b. Normal                10  10
c. Minimum               4   04

NAVRESPRODEVCECN, New Orleans, LA

a. Maximum                New  20
b. Normal                 New  10
c. Minimum                New  1

HC-3 San Diego

a. Maximum               20  20
b. Normal                10  10
c. Minimum               4   04

15. Planned Average on Board by Site:

<table>
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<th>Site</th>
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<th>Planned</th>
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<tr>
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<td>10</td>
</tr>
<tr>
<td>FTC San Diego Ca</td>
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</table>
16. **Instructor/Support Manning:**

a. Basic Swimming and Water Survival Instructor (9510 NEC or Officer equivalent) (CIN A-012-1014)

b. Certified by the Model Manager to conduct this course.

b. Qualified lifeguard per CNET P1552/16 appendix D.
STUDENT DATA

1. Personnel Physical Requirements: Current Navy Physical is specified in chapter 15 of the Manual of the Medical Department. All students shall meet minimum body fat standards as outlined in OPNAVINST 6110.1D.

2. Security Clearance: None.

3. Obligated Service: None.

4. NOBC/NEC Earned: None.
Course Mission Statement

The Navy Swim Tester Course qualifies students to administer the Second and Third Class Swimmer Qualification tests. Training shall include “hands on” training that exposes the students to Lifeguarding, Swimming and Survival Skills Assessment. The Commanding Officer shall ensure that current requirements are clearly understood by the staff and students. The Course Curriculum Model Manager shall monitor training through periodic visits of each training site.

<table>
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<th>Duty/Task</th>
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<tbody>
<tr>
<td>1.</td>
<td>Navy Swimming and Water Survival Instructor’s Manual CNET P1552/16</td>
<td>DEMONSTRATE lifeguarding skills competency</td>
<td>S</td>
</tr>
<tr>
<td></td>
<td></td>
<td>PERFORM survival stroeks, treading water, survival floating, burning oil swimming and the abandon ship drill in accordance with the Navy Water Survival Instructor’s Manual.</td>
<td>K</td>
</tr>
<tr>
<td></td>
<td></td>
<td>STATE the administrative guidelines of the Navy Swim Qualification Program</td>
<td>S</td>
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