

## ANNEX C

## SKILLS PROFILE

RESCUE SWIMMER REFRESHER COURSE  
(CATEGORY II)

CIN: Q-050-0604

CDP: 8425

<u>NO</u>	<u>OBJ</u>	<u>WT</u>	<u>SKILL OR KNOWLEDGE ITEM</u>
1.	1.0	.150	Upon completion of this unit of instruction, the student will demonstrate knowledge of the requirements for Rescue Swimmer School Training Program (RSSTP).
2.	2.0	.200	Upon completion of this unit of instruction, the student will administer Standard First Aid per NAVEDTRA 12081 standards and CPR per current American Red Cross standards without injury to personnel or damage to equipment.
3.	3.0	.250	Upon completion of this unit of instruction, the student will select and use the appropriate rescue devices, describe the use of survivor marker/locator devices per NWP 3-50.1, use applicable publications to obtain required information relative to Rescue Swimmer procedures, and operate and remove Navy and Air Force Aircrew survival equipment, harnesses and associated hardware, without injury to personnel or damage to equipment.
4.	4.0	.150	Upon completion of this unit of instruction, the student will demonstrate approach and carry procedures to a survivor, release and escape procedures, and a rescue in preparation for a recovery per NWP 3-50.1 without injury to personnel or damage to equipment.
5.	5.0	.150	Upon completion of this unit of instruction, the trainee, while wearing swim trunks, T-shirt (optional), mask, fins, booties, snorkel, LPU-28, shorty wet suit/wet suit top and Rescue Swimmer's harness, will develop stamina, endurance, and perfect stroke mechanics in a swimming pool without injury to personnel or damage to equipment.
6.	6.0	.100	Upon completion of this unit of instruction, the student will perform the Rescue Swimmer Refresher Physical Training/Testing requirements outlined in Physical Training Lesson Plan, without injury to personnel or damage to equipment.