

**OUTLINE SHEET 3.4
CANOPY ESCAPE**

INTRODUCTION:

Performing your duties as a rescue swimmer the possibility exists that you could find yourself either under or on top of a parachute canopy. The purpose of this lesson is to familiarize you with techniques to handle such a situation.

ENABLING OBJECTIVES:

3.7 Perform a hand-over-hand escape from under a collapsed parachute.

TOPIC OUTLINE:

Dangers of Collapsed Parachute:

- Inability to breathe through a wet parachute.
- Possibility of the parachute sinking and taking survivor with it
- Rescue Swimmer becomes entangled
- Rescue swimmer or survivor panicking and becoming more entangled.

ENTANGLEMENT IN A COLLAPSED PARACHUTE:

1. Should a rescue swimmer inadvertently jump or swim onto a parachute canopy.
 - _____
 - Turn onto your _____.
 - Arch your back to help float your body
 - Scull with the hands while repeatedly opening the legs _____, no more than shoulder width, and closing until clear of the parachute.
 - Once clear of parachute, _____.

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**TRAPPED UNDER
COLLAPSED
PARACHUTE:**

STEP	ACTION
1	Grasp _____ in parachute seam.
2	Lift high above head.
3	Swim backwards; utilizing a _____ hand over hand movement, keeping them high enough to create an air pocket.
4	Once at the apex, reach high to create another _____.
5	Continue along one given shroud line until clear of parachute.