

LESSON PLAN

January 2007

COURSE TITLE: Surface Rescue Swimmer
Courses, A-050-0500

CLASSIFICATION: Unclassified

LESSON PLAN NUMBER: 5.2

LESSON TOPIC: Level "A" Medical Kit

ALLOTTED LESSON TIME: 1.0 Classroom

INSTRUCTIONAL SUPPORT:

1 Classroom Instructor

INSTRUCTIONAL REFERENCES:

1. NAVAIR 13-1-6.5
2. NTTP 3-50.1 Navy Search and Rescue Manual

INSTRUCTIONAL AIDS:

1. Trainee Guide
2. Level "A" Medical Kit

TERMINAL OBJECTIVE:
Completely supported by this lesson topic:

- 4.0 Upon completion of this unit of instruction, the student will identify and treat medical emergencies using approved SAR medical equipment, as per NAVEDTRA 14295 and NTTP 3-50.1 manuals without injury to personnel or damage to equipment.

Enabling Objectives:

Partially supported by this lesson topic:

- 4.3 List the contents of the "A" Medical Kit per NTTP3-50.1.
- 4.4 State the purpose of each item in the level "A" Medical Kit per NTTP 3-50.1.

CRITERION TEST: Job sheet Unit 5.0

HOMEWORK: None

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

INTRODUCTION:

A. Establish Contact

Display name and lesson topic.

1. Introduce self, give rank, current job.
2. State background, schools, duty stations, etc.
3. State question and answer policy.
4. Reiterate the TTO policy.
5. Ask the following questions:
 - a. Has anyone gone to the hospital/branch clinic for treatment within 24 hours, and are you taking any medications?
 - b. Has anyone taken over-the-counter medications within 24 hours?
 - c. Are there any potentially disqualifying illnesses/conditions for which you are currently being evaluated?

Refer questionable cases to department medical representative for disposition.

B. State Lesson Objectives

Turn to cover page of Lesson Plan and paraphrase objectives.

C. Establish Readiness

Establish importance and relevance of lesson material using personal experience or anecdote.

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

1. Motivating Statements
2. Lesson Overview
 - a. Lesson Topic: Level "A" Medical Kit
 - b. Major Teaching Points:
 - (1) Level "A" Medical Kit
 - (2) References
 - (3) Pre-flighting Equipment

Briefly outline material to be covered.

PRESENTATION:

A. Level "A" SAR Medical Kit:

1. The Level "A" Medical Kit is designed for all units that maintain SAR capability.
2. It is made of heavy-gauge nylon with labeled pockets for storage of the medical items. In the stowed position it is 22" by 11", with a length of 52" when fully opened. It contains five separate pockets.
3. Inventory IAW NTTP 3-50.1 as follows:
 - a. Medical Kit, Bag and Panel.
 - b. Pocket One contains:
 - 1) Two packets of 5 Band-Aids.
 - 2) One box of 10 Ammonia Inhalants.

Display

Display

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

- | | |
|--|--|
| 3) One package of Safety Pins. | |
| 4) One roll of 3" by 5-yard Surgical Adhesive Tape. | |
| 5) One, 2" wide Non-pneumatic tourniquet. | |
| 6) One eye dressing First Aid Kit, containing two eye patches and two tubes of medicated ointment. | Explain - must check expiration dates on medicated ointment. |
| 7) One pocket mask, one pair of bandage scissors, and one Mini-Maglight. | |
| c. Pocket Two contains: | Display |
| 1) Two Compression Skull Cap Head Dressings. | |
| 2) Four, 4x7" First Aid Field Dressings. | |
| 3) Four, 37x37x52" Muslin Triangular Bandages (Cravats). | |
| d. Pocket Three contains: | Display |
| 1) Three, 4" Cotton Roller Bandages (Kerlix). | |
| 2) Three, 4.5" X 5-yard Elastic Bandage Gauze (Ace Wraps). | |
| 3) Five, 4x4" Petrolatum Gauze. | |
| e. Pocket Four contains: | Display |

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

- 1) One, 11 ¾" square First Aid Field Dressing.
- 2) Two Universal (SAM) Splints.

f. Pocket Five contains:

Display

- 1) One Burn-Trauma Dressing sheet, One Casualty Blanket, Two USP 0.9% Sodium Chloride Injection (IV) bags.
- 2) Cervical Collars - No Neck, Short, and Regular. One Biological Hazard Protection Kit.

B. References:

1. Information relating to the description, configuration, maintenance, and inspection of the Level "A" Medical Kit can be found in the NAVAIR 13-1-6.5, Section 14-23.
2. Information relating to the development and application of the Level "A" Medical Kit can be found in the NTTP 3-50.1.

C. Pre-deployment equipment check:

1. As an essential part of the pre-deployment equipment check, you should always evaluate the condition and security of your medical equipment.
2. Verify that the tamper seal (if applicable) on the medical kit has not been broken and inventory the bag as needed.

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

SUMMARY:

A. State Lesson Objectives

Turn to cover page for objectives.

B. Review Major Teaching Points

Briefly summarize.

APPLICATION: None

EVALUATION: Job Sheet Unit 5.0

ASSIGNMENT: Review attachments