

# Surface Rescue Swimmer Course

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Dry Suit  
Lesson Topic 4.11

# Enabling objectives:

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- Describe the functional operation of the dry suit per the NTTP 3-50.1.
- Demonstrate procedures for donning and doffing dry suit.
- Perform Crawl stroke while wearing dry suit.

# Dry Suit Ensemble (MSD) 565

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- Provides protection to rescue swimmers in adverse weather and water conditions.
- Available in four different sizes small, medium, large, and extra large. The dry suit shall be properly sized based on height and chest measurements as per the NAVAIR 13-1-6.7-2 reference table 5-16B.
- Worn as an alternate to the wet suit.

# Dry Suit Ensemble (MSD) 565

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- All required rescue swimmer gear shall be worn when using the dry suit.
- Consists of the following pieces:
  - Body is composed of a lightweight and flexible nylon Gortex laminate.
  - Heavy duty neoprene entry zipper with bronze teeth. Extends diagonally down the front and provides a watertight seal when closed.

# Dry Suit Ensemble (MSD) 565

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## ■ Cont.

- One-size-fits-all factory installed anti-exposure socks.
- Cushioning in the knee, chest, and underside of the forearm provide durability.
- Abrasion protection is provided at the underside of the arm, top of the boot to the knee, seat area, upper thigh, shoulders, and lower leg behind the knee.

# Dry Suit Ensemble (MSD) 565

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## ■ Cont.

- Reflective tape is located on each arm from the shoulder to the upper arm to assist in locating the rescue swimmer.
- Internal suspenders consist of two elastic straps worn over the shoulders. They can be quickly secured by release buckles to fit the rescue swimmer.
- Seals: designed to be watertight.

# Dry Suit Ensemble (MSD) 565

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- Neck and wrists: Consists of latex, which stretches to fit each of the four sizes.
- **Caution**
- **Use extreme care when donning the dry suit. Prior to donning the dry suit, remove items such as rings, watches, etc. A torn dry suit will leak, severely degrading its immersion protection. Avoid putting fingernail pressure on the wrist and neck seals to prevent cutting the seals.**

# Dry Suit Ensemble (MSD) 565

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- All seals have small ribs around the circumference, near the opening, to permit trimming to fit the swimmer.
- **Caution**
- **Only qualified maintainers following the manufacturers maintenance instructions may trim the neck and wrist seals.**

# Dry Suit Ensemble (MSD) 565

- An exhaust Valve is located on the top of the lower right arm. The exhaust valve is non-adjustable and will vent air from the suit.
- A dry suit shall be worn as per NTTP 3-50.1, specifically:
  - When water temperature is below 60° F, a dry suit ensemble is required.

# Dry Suit Ensemble (MSD) 565

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## ■ Cont.

- When water temperatures are 60° F to 70° F, a dry suit is worn at the CO's discretion.
- When the water temperature is above 70° F, a dry suit ensemble is not required.
- The outside air temperature is 32° (wind chill factor corrected) or below IAW NAVAIR 13-1-6.7-2.

# Dry Suit Ensemble (MSD) 565

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- A wet suit or dry suit ensemble shall be worn on all rescues.
- **Warning**
- **Dry suits provide no inherent buoyancy.**

# Dry Suit Undergarments

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- Note
- Maintenance is limited to a place-in-service special inspection. If any defects are found, return the undergarment to the manufacturer. The user maintains the responsibility for maintenance of the undergarment, which is limited to pre/post flight inspection and cleaning of the garment. Clean the undergarment IAW the manufacturer's instructions.

# Dry Suit Undergarments

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- CWU-43/P Drawers
  - Full length (long-john) with elastic waist and the ankles are of tight-knit weave to fit securely.

# Dry Suit Undergarments

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- CWU-44/P Undershirt
  - Full sleeve (long-john) with tight-knit weave cuffs and neckband to fit securely.

# Dry Suit Undergarments

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- Dry Suit CWU-72/P Liner
  - One piece, green mesh, garment that provides a layer of thermal protection.
  - Worn directly under the dry suit and over the recommended undergarments.
  - Required minimum protective equipment and undergarments for use with the dry suit refer to Table 5-6 per the NTTP 3-50.1.

# Dry Suit Undergarments

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- Exotherm Jumpsuits I, II, and III
- Note
- The Exotherm I and II are the same thickness, and rated at the same temperatures. The Exotherm II includes wind protection.
  - Exotherm is a fleece jumpsuit that can be utilized with the CWU-43/P drawers and the CWU-44/P undershirt, or by itself underneath the SAR swimmer's dry suit.

# Dry Suit Undergarments

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- **Cont.**

- The Exotherm jumpsuit is available in three models:
  - Exotherm I and II: Air Temp. 90-50°F / Water Temp. 77-55°F
  - Exotherm III: Air Temp. 65-35°F / Water Temp. 55-40°F.

# Dry Suit Donning

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- Remove shoes/boots. Don the MSD-565 series coverall by first inserting your feet into anti-exposure socks, then pull coverall up past your waist. Then don the suspenders and adjust them to your personal comfort.
- Insert arms into sleeves and wrap the protective Velcro wrist covers over the wrist seals. Grasp upper part of the coverall behind the head and pull the neck seal over your head. Adjust the neck seal so it is comfortable and seam tapes are aligned with shoulders.

# Dry Suit Donning

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- Grasp the slide fastener pull-tab in your right hand and completely close the entrance slide fastener. Ensure the pull-tab is firmly butted against the end block.
- Ensure the relief portal slide fastener is closed. Ensure the pull-tab is butted against the end block.

# Dry Suit Donning

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- Manually vent (burp) air from the suit by squatting at the knees and bending forward while pulling the neck seal away from the neck.

# Dry Suit Doffing

- **Caution**
- **Ensure the entry zipper is completely opened prior to removal of the dry suit. If not entirely opened, damage could result to the entry seal.**
- **Avoid putting fingernail pressure on the wrist and neck seals to prevent cutting the seal.**

# Dry Suit Doffing

- Remove all personal rescue equipment. If the outside of the dry suit was exposed to salt spray, dirt, or foreign material during the mission, wash the suit down prior to removing it, paying particular attention to the entry zipper.
- Grasp the entrance slide fastener pull-tab in your left hand and open the slide fastener diagonally across the chest.
- Grasp the upper portion of coverall and pull up over your head.

# Dry Suit Doffing

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- Release the Velcro wrist coverings and remove the dry suit from your arms, legs and feet.

# Storage

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- **Caution**
- **Coveralls should be stored in a cool, dark place as prolonged exposure to the sun's ultra-violet rays or other sources of ozone will degrade the adhesives and all types of rubber. Keep coveralls away from gasoline, oil, and other petroleum products as they dissolve adhesives.**

# Storage

## ■ Short Term Storage

- The dry suit shall be hung on a heavy-duty plastic or wooden hanger or folded in accordance with NAVAIR 13-1-6.7-2, and stored in a clean, well ventilated, protected area.
- **Caution**
- **Do not insert hanger through the neck seal opening when preparing coveralls for short-term storage. Ends of hangers could puncture and damage the neck seal. Insert hanger through entry zipper and push hanger head from below through the neck seal opening.**

# Storage

- Seasonal Storage
  - Storage that occurs during the warmer months when anti-exposure protection is not required.
  - Storage shall be maintained on the normal 180/360 day inspection cycle.
  - Ensure dry suit is clean and completely dry.

# Storage

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- **Caution**
- **The dry suit needs to be thoroughly cleaned and dried prior to storing. Failure to adequately clean the suit after use may result in failure of the zipper seals.**

# Storage

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- Loosely pack dry suit in individual plastic bag IAW NAVAIR 13-1-6.7-2.
- Place bagged dry suits in storage bins, cruise boxes, or other appropriate storage containers.
- Store closed containers in a cool, dry area.

# Storage

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## ■ Long Term Storage

- Dry suit is not being maintained on a 180-day or 360-day inspection cycle.
- Must be documented.
- Ensure dry suit is clean and completely dry.
- Loosely pack dry suit in individual plastic bag IAW NAVAIR 13-1-6.7-2.

# Storage

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- Place bagged dry suits in storage bins, cruise boxes, or other appropriate storage containers.
- Store closed containers in a cool, dry area.
- Dry suits removed from long-term storage shall have a Place-In-Service Inspection completed and documented.

# Cleaning

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- **Caution**
- **Ensure that slide fasteners are closed prior to laundering/cleaning. Do not dry-clean dry suit coveralls. Do not use bleaches or similar additives for cleaning. Do not use commercial laundry facilities.**

# Cleaning

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- Pull sleeves inside out while pulling arms from sleeves. Peel coverall down turning it inside out down below the waist. Pull legs and feet inside out from coverall. Close slide fastener.
- Hand launder, or use automatic washer that has a delicate cycle. Ensure water the used is cold.

# Cleaning

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- Follow detergent manufacturer's recommendations for amount of detergent to use. Wash cycle shall not exceed three minutes.
- Rinse garment three times. Use clean, fresh water for each rinse. Each rinse cycle shall be a minimum of one minute.

# Cleaning

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- Coveralls may be dried using a clothes dryer, using the lowest heat setting, for 20 minutes.
- Hang coverall by shoulders on a wooden or plastic hanger in a well ventilated area until dry, or tumble dry with low heat.
- When outside is dry turn legs and socks inside out to dry.

# Questions ?

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