

**DIAGRAM SHEET 4.3-1
DAY HAND SIGNALS**

MEANING

SIGNAL

FIGURE

**Raised arm, open hand,
fingers extended**



Raised arm, thumb up



**Vigorous waving of
one arm**



**Clenched fists, arms
crossed overhead**



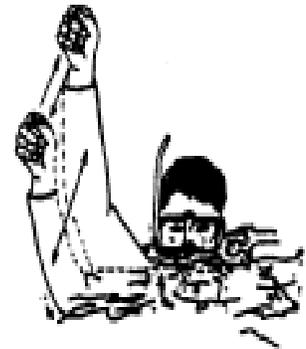
**DIAGRAM SHEET 4.3-2
DAY HAND SIGNALS**

MEANING

SIGNAL

FIGURE

**Clenched fist, arm
pumping motion**



**One arm raised with open
palm, fingers extended,
other arm raised over the
swimmer's head and touching
the first arm at the elbow**



**Both arms raised, palms
open, fingers extended,
at a 45° angle to the
side of the swimmer's head**



Raised arm, thumbs up



**DIAGRAM SHEET 4.3-3
DAY HAND SIGNALS**

MEANING

SIGNAL

FIGURE

Raised arm, clenched fist



Raised arm, thumb down



Either hand palm down on crown of head



Face the rescue platform raise one arm from the side of, diagonally (45 degrees), palm down, fingers extended straight out, rotate arm in circular motion.



**DIAGRAM SHEET 4.3-4
DAY HAND SIGNALS**

MEANING

SIGNAL

FIGURE

Both arms extended directly overhead, palms placed together.



NIGHT HAND SIGNALS

MEANING

SIGNAL

FIGURE

Swimmers's lighting device on, raised arm, palm open, fingers extended



Wave chemical light



**DIAGRAM SHEET 4.3-5
NIGHT HAND SIGNALS/ TRAIL LINE ASSEMBLY**

MEANING

SIGNAL

FIGURE

Blue strobe on

STROBE LIGHT WITH
BLUE LENS



**Blue chemical light
(activated)/blue
strobe on**

STROBE LIGHT WITH
BLUE LENS/BLUE
CHEMICAL LIGHT (ACTIVATED)

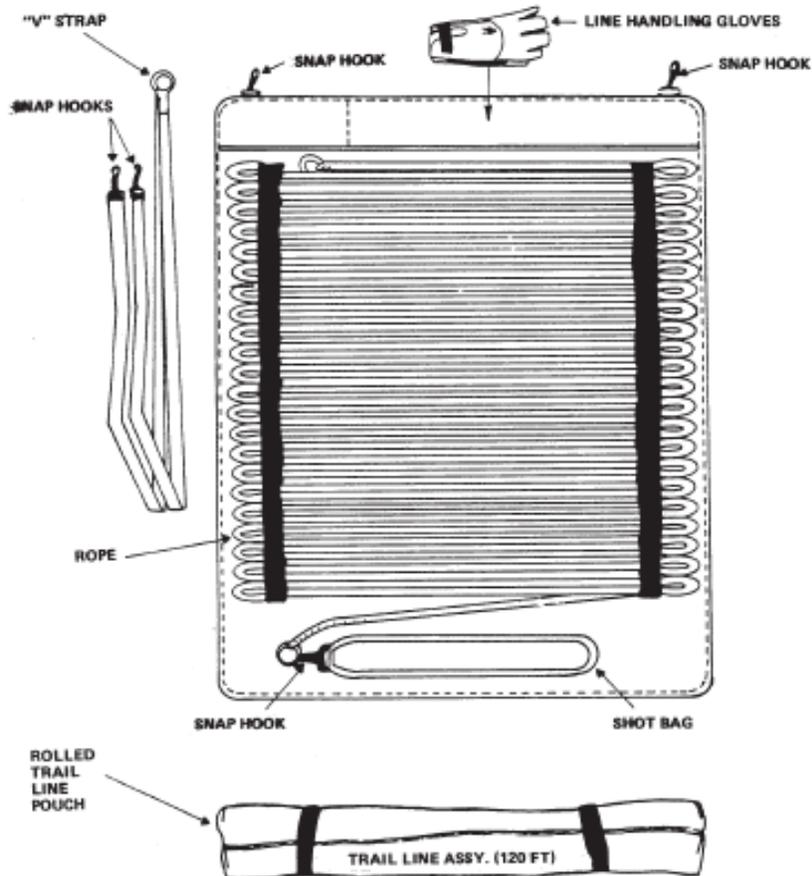


DIAGRAM SHEET 4.3-6 HOISTING SLING AND V-STRAP

