

**Appendix D**

**MEDICAL INFORMATION (INCLUDING PRE-COMMISSIONING PROCESS CHECK LIST)**

1) Navy and Marine Corps MIDN, OCs, and MECEPs to commission to the general duty URL (SWO), SSO, Marine Ground, Restricted Line (RL), or Staff Corps submit the following information to BUMED via WebWave II (process can start within 18 months of commissioning):

TABLE 1	
CO's endorsement to commission the enrollee. Helpful if it includes intended designator, most recent fitness test scores and status of completion of required training (e.g., senior cruise, OCS)	
Original DODMERB physical exam and/or a separate DD2807 and DD2808, performed within 5 years of the commissioning date (not date of stamp). Ensure that eye exam is included, often done on a separate page (Report of Optometric Screening) and any remedial documentation that was submitted to DODMERB.	
Annual Certificates of Physical Condition forms NSTC Form 1533/107 for each year since time of DODMERB physical or affiliation with the NROTC program.	
Results of current HIV (current within 2 years)	
Results of current PAP (within 3 years for MIDN with a cervix age 21 and older)	
Dental exam (current within 1 year of submission)	
Copy of any medical treatment records for any interim significant medical conditions that have occurred since enrollment	
Confirm previous BUMED letters in WebWave. Upload any missing files that were requested but not previously submitted.	
Obtain BUMED Pre-commissioning physical qualification letter and place in medical record. If MIDN is not physically qualified but BUMED recommends a waiver, forward to N92A for endorsement. Place endorsed letter in medical record. Once physically qualified or waiver granted, update OPMIS.	
If your package has been submitted for over 60 days with no BUMED pre-commissioning physical qualification letter visible in WebWave II, please contact N92A.	

2) Navy and Marine Corps MIDN, OCs, and MECEPs to commission into Aviation pipeline:

TABLE 2	
Complete flight physical (within 2 years) performed by a flight surgeon. Flight surgeon will enter and submit the physical into the AERO database which is a direct link to NAMI.	
Anthropometric data record uploaded into AERO database	
If your package has been submitted for over 90 days with no response from NAMI, please contact N92A.	

- a) The Aeromedical Reference Waiver Guide (ARWG) can be found at <https://www.med.navy.mil/Navy-Medicine-Operational-Training-Command/Naval-Aerospace-Medical-Institute/Aeromedical-Reference-and-Waiver-Guide/>
- b) Note: Medical tests or exams will not be reimbursed for special duty (e.g., corneal refractive surgery to become a pilot).
- c) Please contact N92A for directions on obtaining an AERO account. You will have the ability to download/upload documents, view the aeromedical waiver status, and see the communication between the examining flight surgeon and NAMI through the AERO program.

3) Navy and Marine Corps MIDN, OCs, and MECEPs to commission into nuclear pipeline: complete all of the steps in table 1. In addition, submit the below documents to Undersea and Radiation Medicine (M3/50M2).

TABLE 3	
BUMED pre-commissioning physical qualification letter. It is imperative URM receives all documentation of any special medical evaluation. This is of particular importance in terms of the nuclear field duty pipeline (psychiatric diagnoses and psychotropic medications cause the greatest concern).	
Complete physical by Undersea Medical Officer (within 2 years of commissioning date, and as MTF scheduling policy directs).	
Ionizing radiation medical exam	
If your package has been with URM for over 60 days with no correspondence, please notify N92A	

Commissioning packages can be submitted through Web Wave II

4) Navy and Marine Corps MIDN, OCs and MECEP students to commission into SPEC OPS: complete all of the steps in table 1. In addition, submit the below documents to Undersea and Radiation Medicine (URM):

TABLE 4	
BUMED pre-commissioning physical qualification letter. It is imperative URM receives all documentation of any special medical evaluation related to any history of musculoskeletal injuries, surgeries, etc.	
Complete physical by Undersea Medical Officer (within 2 years of start of training date (unless Special Operations which is one year from start of training)	
If your package has been with URM for over 60 days with no correspondence, please notify N92A.	
If waiver was required for entry into the program or commission, the unit should inform examining UMO, provide documentation of condition requiring a waiver, and request an SF600 from UMO for SPECOPS waiver consideration.	

Commissioning packages can be submitted through Web Wave II: Bureau of Medicine and Surgery, Undersea Medicine and Radiation Health (N35)

5) Corneal Refractive Surgery information for NROTC students

REF: NAMI WAIVER GUIDE Chapter 12.15:

<https://www.med.navy.mil/sites/nmotc/nami/arwg/Pages/AeromedicalReferenceandWaiverGuide.aspx>

**Refractive surgery (PRK/LASIK/SmILE) without visually significant side effects is not considered disqualifying (NCD) for applicants that are within the refractive parameters outlined on this page. Patients whose pre-operative refractions fall outside these parameters are considered disqualified (CD), but may be considered for a waiver on a case-by-case basis, depending on aviation class / military duty status.**

**Pre-op Refractive Limits to be NCD:**

**Refractive Limits (SNA):** +3.00 to -8.00 Spherical Equivalent. Cylinder:  $\leq$  +/- 3.00D. Anisometropia:  $\leq$  3.50D

**Refractive Limits (SNFO, ATC, UAS):** +6.00 to -8.00 Spherical Equivalent. Cylinder:  $\leq$  6.00D. Pre-op anisometropia:  $\leq$  3.50D

**Waiver submission requirements for Applicants**

- Flight Physical eye exam completed at least 6 months after the last refractive/augmenting procedure.
- No ongoing or active ophthalmologic complaints, treatment, or need for ophthalmic medications.
- Stable post-surgical refraction as demonstrated by two separate refractions performed at least 30 days apart and differing by no more than +/- 0.50 D (sphere) and no more than +/- 0.25 D (cylinder).
- Post-operative manifest refractive error within applicant standards for the job desired
- Post-operative cycloplegic refraction, if required (required only for SNA applicants)
- Implantable Collamer Lenses are **ONLY** considered for waivers for SNFO/ATC/UAS. Waivers are not considered for SNA.

The CRS AMS worksheet is required to be submitted in AERO to NAMI Code 53HN **for ALL refractive surgery procedures** (both NCD and CD) once stability and six month post-op time period is met.

Clear Lens Extraction is typically not waiverable in applicants, but may be considered for SNFO/ATC. **Other forms of refractive surgery**, or any vision or corneal manipulation or surgery, including **RK** (radial keratotomy), **LTK** (laser thermal keratoplasty), and **ICR** (intracorneal ring), unless specifically included in the waiver guide are **permanently disqualifying (CD/WNR)** for all aviation duty Class I, II, III and IV personnel.

The preferred technique for CRS in aviation personnel is the All-laser wavefront-guided LASIK (custom intralase LASIK) or Small Incision Lenticule Extraction (SmILE), as these custom treatments may increase visual acuity and ultimate vision outcome, while minimizing the risk of the significant haze complications occasionally seen after PRK.

LASIK/SmILE is not a requirement for flight, and does not improve the chances of qualification for aviation training over PRK. Not all members are candidates for LASIK/SmILE, and after being screened by the surgeon, PRK may be the better option for certain cases. The final decision on performing PRK vice LASIK/SmILE should be made by the ophthalmologist in conjunction with a well-educated patient. For additional information, contact the NAMI EYE DEPARTMENT:

[usn.pensacola.navmedotnamefl.list.nami-ophthal@health.mil](mailto:usn.pensacola.navmedotnamefl.list.nami-ophthal@health.mil)

To request a waiver for history of refractive surgery, utilize NMOTC Form 6410/12.