

LESSON PLAN

JANUARY 2004

COURSE TITLE: Aviation Rescue Swimmer
Courses, Q-050-0600
Q-050-0602

CLASSIFICATION: Unclassified

LESSON PLAN NUMBER: 5.2

LESSON TOPIC: Level "A" Medical Kit

ALLOTTED LESSON TIME: 1.5 Classroom

INSTRUCTIONAL SUPPORT:

1 Classroom Instructor

INSTRUCTIONAL REFERENCES:

1. NAVAIR 13-1-6.5
2. NWP 3-50.1 Navy Search and Rescue Manual

INSTRUCTIONAL AIDS:

1. Trainee Guide
2. Level "A" Medical Kit

INTRODUCTION:

TERMINAL OBJECTIVE:
Completely supported by this lesson topic:

- 4.0 Upon completion of this unit of instruction, the student will identify and treat medical emergencies using approved SAR medical equipment, as per NAVEDTRA 14295 and NWP 3-50.1 manuals without injury to personnel or damage to equipment.

Enabling Objectives:

Partially supported by this lesson topic:

- 4.3 List the contents "A" Medical Kit.
- 4.4 State the purpose of each item in the level "A" Medical Kit.

CRITERION TEST: Job sheet Unit 5.0

HOMEWORK: None

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

A. Establish Contact

Display name and lesson topic.

1. Introduce self, give rank, current job.
2. State background, schools, duty stations, etc.
3. State question and answer policy.
4. Reiterate the TTO policy.
5. Ask the following questions:
 - a. Has anyone gone to the hospital/branch clinic for treatment within 24 hours, and are you taking any medications?
 - b. Has anyone taken over-the-counter medications within 24 hours?
 - c. Are there any potentially disqualifying illnesses/conditions for which you are currently being evaluated?

Refer questionable cases to department medical representative for disposition.

B. State Lesson Objectives

Turn to cover page of Lesson Plan and paraphrase objectives.

C. Establish Readiness

Establish importance and relevance of lesson material using personal experience or anecdote.

1. Motivating Statements

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

- 2. Lesson Overview
 - a. Lesson Topic: Level "A" Medical Kit
 - b. Major Teaching Points:
 - (1) Level "A" Medical Kit
 - (2) References
 - (3) Pre-flighting Equipment

Briefly outline material to be covered.

PRESENTATION:

A. Level "A" SAR Medical Kit:

- 1. The Level "A" Medical Kit is designed for all units that maintain helicopters with a SAR capability.
- 2. It is made of heavy-gauge nylon with labeled pockets for storage of the medical items. In the stowed position it is 22 inches by 11 inches, with a length of 52 inches when fully opened. It contains five separate pockets.
- 3. Inventory IAW NWP 3-50.1 as follows:
 - a. Medical Kit, Bag and Panel
 - b. Pocket One contains:
 - 1) Two packets of 5 Band-Aids.
 - 2) One box of 10 Ammonia Inhalants.
 - 3) One package of Safety Pins.

Display

Display

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

- | | | |
|----|---|--|
| 4) | One roll of 3-inch by 5-yard Surgical Adhesive Tape. | |
| 5) | One, 2-inch wide Non-pneumatic Tourniquet. | |
| 6) | One Eye Dressing First Aid Kit, containing two eye patches and two tubes of medicated ointment. | Explain - must check expiration dates on medicated ointment. |
| 7) | One Pocket Mask, one pair of Bandage Scissors, and one Mini Maglight. | |
| c. | Pocket Two contains: | Display |
| 1) | Two Compression Skull Cap Head Dressings. | |
| 2) | Four, 4x7-inch First Aid Field Dressings. | |
| 3) | Four, 37x37x52-inch Muslin Triangular Bandages (Cravats). | |
| d. | Pocket Three contains: | Display |
| 1) | Three, 4-inch Cotton Roller Bandages (Kerlix). | |
| 2) | Three, 4.5-inch X 5-yard Elastic Bandage Gauze (Ace Wraps). | |
| 3) | Five, 4x4-inch Petrolatum Gauze. | |
| e. | Pocket Four contains: | Display |

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

- 1) One, 11 3/4-inch square First Aid Field Dressing.
- 2) Two Universal (SAM) Splints.

f. Pocket Five contains:

Display

- 1) One Burn-Trauma Dressing sheet, One Casualty Blanket, Two USP 0.9% Sodium Chloride Injection (IV) bags.
- 2) Cervical Collars: No Neck, Short, and Regular; one each. One Biological Hazard Protection Kit.

B. References:

1. Information relating to the description, configuration, maintenance, and inspection of the Level "A" Medical Kit can be found in the NAVAIR 13-1-6.5, Section 14-23.
2. Information relating to the development and application of the Level "A" Medical Kit can be found in the NWP 3-50.1.

C. Pre-flighting Equipment:

1. As an essential part of the aircraft preflight, you should always evaluate the condition and security of your medical equipment.
2. Verify that the tamper seal (if applicable) on the medical kit has not been broken and inventory the bag as needed.

DISCUSSION POINT

RELATED INSTRUCTOR ACTIVITY

SUMMARY:

A. State Lesson Objectives

Turn to cover page for objectives.

B. Review Major Teaching Points

Briefly summarize.

APPLICATION: None

EVALUATION: Job Sheet Unit 5.0

ASSIGNMENT: Review attachments