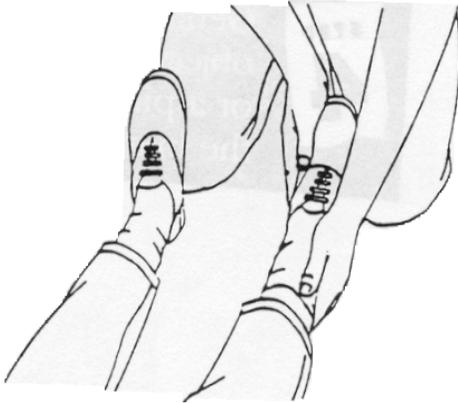


DIAGRAM SHEET 5.0-1

# Apply a Soft Splint



**STEP 1** Support the injured area above and below the site of the injury.



**STEP 2** Check for feeling, warmth, and color.



**STEP 3** Place several folded triangular bandages above and below the injured area.

DIAGRAM SHEET 5.0-1 (Cont.)



**STEP 4** Gently wrap a soft object (a folded blanket or a pillow) around the injured area.



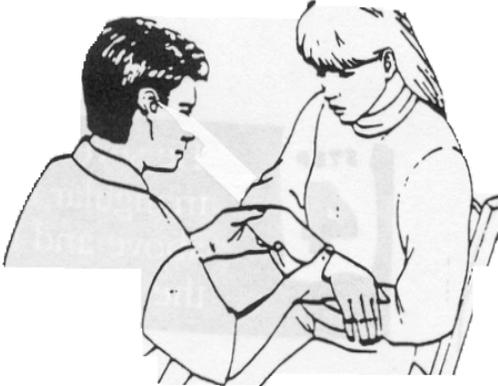
**STEP 5** Tie triangular bandages securely.



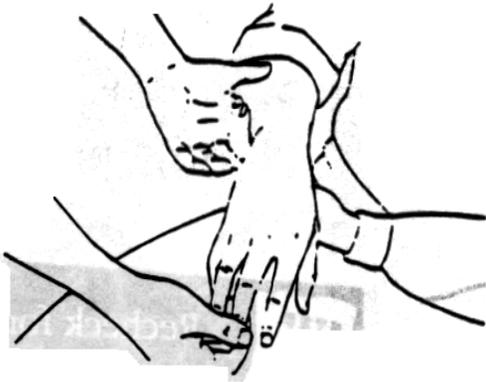
**STEP 6** Recheck for feeling, warmth, and color.  
If you are not able to check warmth and color because a sock or shoe is in place, check for feeling.

DIAGRAM SHEET 5.0-2

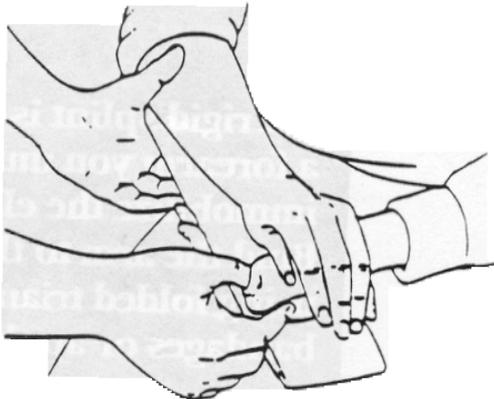
# Apply a Rigid Splint



**STEP 1** Support the injured area above and below the site of the injury.

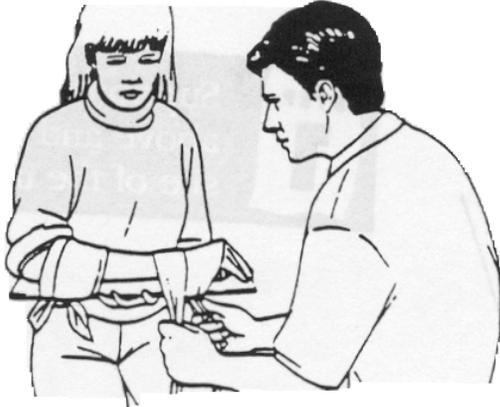


**STEP 2** Check for feeling, warmth, and color.

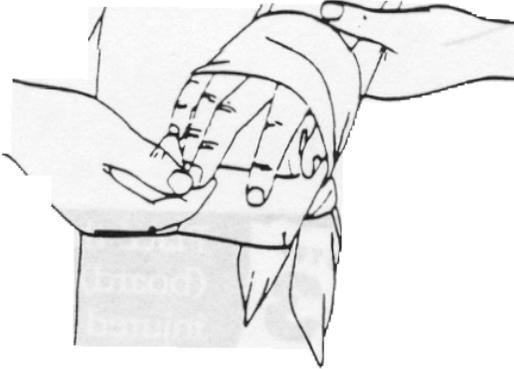


**STEP 3** Place the rigid splint (board) under the injured area and the joints that are above and below the injured area.

**DIAGRAM SHEET 5.0-2 (Cont.)**



**STEP 4** Tie several folded triangular bandages above and below the injured area.



**STEP 5** Recheck for feeling, warmth, and color.

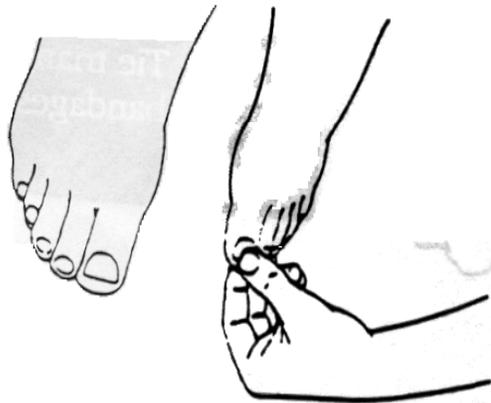
**If a rigid splint is used on a forearm you must also immobilize the elbow. Bind the arm to the chest using folded triangular bandages or apply a sling.**

DIAGRAM SHEET 5.0-3

# Use an Anatomic Splint



**STEP 1** Support the injured area above and below the site of the injury.



**STEP 2** Check for feeling, warmth, and color.

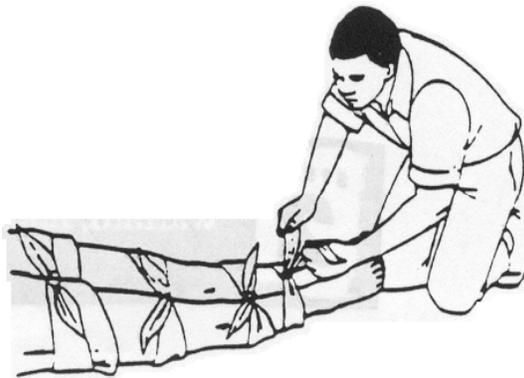


**STEP 3** Place several folded triangular bandages above and below the injured area.

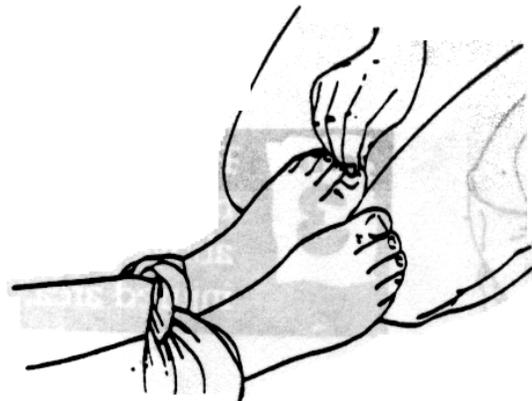
DIAGRAM SHEET 5.0-3 (Cont.)



**STEP 4** Place uninjured area next to injured area.



**STEP 5** Tie triangular bandages securely.



**STEP 6** Recheck for feeling, warmth, and color.

DIAGRAM SHEET 5.0-4

# Apply a Sling



STEP  
**1**

Support the injured area above and below the site of the injury.



STEP  
**2**

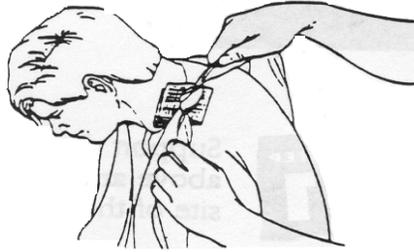
Check for feeling, warmth, and color



STEP  
**3**

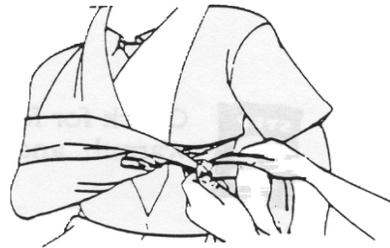
Place triangular bandage under injured arm and over uninjured shoulder to form a sling.

**DIAGRAM SHEET 5.0-4 (Cont.)**



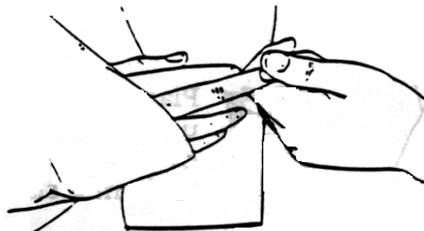
**STEP**  
**4**

Tie ends of sling at side of neck.



**STEP**  
**5**

Bind injured area to chest with folded triangular bandage.



**STEP**  
**6**

Recheck for feeling, warmth, and color