

COURSE TRAINING TASK LIST (CTTL)

RESCUE SWIMMER REFRESHER COURSE

Q-050-0604

Course Mission Statement

The Rescue Swimmer Refresher Course (RSR) is designed to provide refresher training to rescue swimmers who are returning to a rescue swimmer billet from a non-swimmer billet. It is also designed to make rescue swimmers aware of any changes in rescue swimmer equipment and/or procedures which have occurred since their last exposure.

<u>No</u>	<u>Source</u>	<u>Duty/Task</u>	<u>Level</u>
1.	NWP 3-50.1 Naval Search and Rescue Manual	Identify the NWP 3-50.1 requirements for Surface Rescue Swimmer training	K
2.	American Red Cross First Aid and CPR Instructor's Manual	Don protective equipment	S
3.	American Red Cross First Aid and CPR Instructor's Manual	Use barrier mask	S
4.	American Red Cross First Aid and CPR Instructor's Manual	Dispose contaminated waste	S
5.	American Red Cross First Aid and CPR Instructor's Manual	Respond to an emergency per current American Red Cross Standards	S
6.	American Red Cross First Aid and CPR Instructor's Manual	Administer Adult CPR per current American Red Cross Standards	S
7.	American Red Cross First Aid and CPR Instructor's Manual	Administer Standard First Aid per current American Red Cross Standards	S
8.	American Red Cross First Aid and CPR Instructor's Manual	Administer Practical First Aid in a mock (moulage) Scenario	S

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| 9. | NWP 3-50.1 Naval Search and Rescue Manual | Describe the functional operation of the following Emergency Rescue Equipment per NWP 3-50.1 | K |
| | | <ul style="list-style-type: none"> a. Double Rescue Hook b. Survivor Rescue Strop (SRS) c. Modified Rescue Strop d. Rescue Net e. Rescue Litter/SAR MEDAVAC Litter, Trail Line and Gloves f. Forest Penetrator g. Hoisting Vest | |
| 10. | NWP 3-50.1 Naval Search and Rescue Manual | Place simulated victim into the following rescue devices in a water environment: | S |
| | | <ul style="list-style-type: none"> a. Double Rescue Hook b. Survivor Rescue Strop c. Modified rescue Strop d. Rescue Net e. Rescue Litter/SAR MEDVAC Litter, Trail Line and Gloves | |
| 11. | NWP 3-50.1 Naval Search and Rescue Manual | Describe the purpose and hazards of the following Survivor Marker/Locator Devices per NWP 3-50.1 | K |
| | | <ul style="list-style-type: none"> a. MK-25 Marine Locator Marker b. MK-58 Marine Locator Marker c. Datum Marker Buoy d. Electric Marine Marker Light e. MK-13/MK-124 MOD O f. MK-79 Pencil Flare g. Signal Mirror h. Sea Dye Marker | |
| 12. | NWP 3-50.1 Naval Search and Rescue Manual | Identify the short title and content of publications applicable to the rescue swimmer | S |
| 13. | NWP 3-50.1 Naval Search and Rescue Manual | Complete a rescue report SAR form 19-1/1 when given a rescue scenario | S |
| 14. | NWP 3-50.1 Naval Search and Rescue Manual | Identify hand signals applicable to the specific rescue when given a rescue scenario | S |

15.	NWP 3-50.1 Naval Search and Rescue Manual	Identify lighting devices signals when given a rescue scenario	S
16.	NWP 3-50.1 Naval Search and Rescue Manual	Perform the Procedures for removing the following assemblies a. Helmet assemblies b. RSSK/SKU assemblies c. Oxygen mask assemblies d. Survival vest/flotation Assemblies	S
17.	NWP 3-50.1 Naval Search and Rescue Manual	Operate hardware associated with parachute harnesses	S
18.	NWP 3-50.1 Naval Search and Rescue Manual	Remove parachute harness	K
19.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedural steps for the rear surface approach to an active/passive and conscious/unconscious survivor	K
20.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the rear surface approach to an active/passive and conscious/unconscious survivor in a simulated rescue situation	S
21.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedural steps for the front surface approach to a passive/unconscious survivor	K
22.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate front surface approach to a passive/unconscious survivor in a simulated rescue situation	S
23.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedural steps for the underwater approach to an active/conscious survivor	K
24.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate underwater approach to an active/conscious survivor in a simulated rescue situation	S
25.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedural steps for the cross chest carry	K

26.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the cross chest carry in a simulated rescue situation	S
27.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedural steps for the collar/equipment tow of a survivor	K
28.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate collar/equipment tow to a survivor in a simulated rescue situation	S
29.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedural steps for the tired swimmer carry of a passive/conscious survivor	K
30.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate tired swimmer carry of a passive/conscious survivor in a simulated rescue situation	S
31.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedural steps for the front/rear head hold release	K
32.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the front/rear head hold release in a simulated rescue situation	S
33.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedural steps for the front/rear head hold escape	K
34.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the front/rear head hold escape in a simulated rescue situation	S
35.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedures for parachute disentanglement for the Quick Fitting and Integrated Torso Harnesses As per outlined in NWP 3-50.1	K
36.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the procedures for parachute disentanglement for the Quick Fitting and Integrated Torso Harness	S
37.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedures for parachute disentanglement from a ballooned canopy	K
38.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the procedures for executing parachute disentanglement for a ballooned canopy	S

39.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedures for a non-aviator rescue	K
40.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the procedures for a non-aviator rescue	S
41.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedures for parachute disentanglement for multiple victim rescue	K
42.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the procedures for parachute disentanglement for the multiple victim rescue	S
43.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedures for a non-aviator rescue	K
44.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the procedures for a non-aviator rescue	S
45.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedures for parachute disentanglement for multiple victim rescue	K
46.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the procedures for parachute disentanglement for the multiple victim rescue	S
47.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedures for a non-aviator rescue	K
48.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the procedures for a non-aviator rescue	S
49.	NWP 3-50.1 Naval Search and Rescue Manual	List the procedures for parachute disentanglement for multiple victim rescue	K
50.	NWP 3-50.1 Naval Search and Rescue Manual	Demonstrate the procedures for parachute disentanglement for the multiple victim rescue	S
51.	NWP 3-50.1 Naval Search and Rescue Manual	Describe the fundamentals of physical conditioning exercise	K
52.	NWP 3-50.1 Naval Search and Rescue Manual	Perform Level One physical conditioning exercise	S
53.	NWP 3-50.1 Naval Search and Rescue Manual	Perform Level Two physical conditioning exercise	S